



INFLIGHT DINING MENU

BREAKFAST DISPLAYS

bakery display

choice of muffins, croissants, danish pastries, butter and preserves

continental display

seasonal fruit, pastries and greek yogurt

european breakfast display

selection of sliced cheese and cold cuts with seasonal fruit, berries, greek yogurt, pastries, butter and preserves

healthy breakfast display

muesli cereal with berries, organic yogurt, seasonal fruit and skim milk

sliced fruit display

seasonal fruit, berries and greek yogurt

smoked salmon and bagel display*

with cream cheese, capers, eggs, tomato and onion

BREAKFAST INDIVIDUAL MEALS

american breakfast*

scrambled eggs, bacon and breakfast potatoes

belgian waffle breakfast

with breakfast meat of your choice, butter and syrup

english breakfast*

eggs, bacon, sausage, hash brown potatoes mushrooms, baked beans and tomato

omelette breakfast*

filled with cheese, breakfast meat of your choice, and served with breakfast potatoes

pancake breakfast

with breakfast meat of your choice, butter and syrup

egg and bacon sandwich*

choice of bagel, toast, english muffin or croissant

egg and sausage sandwich*

choice of bagel, toast, english muffin or croissant

egg and cheese sandwich*

choice of bagel, toast, english muffin or croissant

egg, sausage and cheese sandwich*

choice of bagel, toast, english muffin or croissant

egg, bacon and cheese sandwich*

choice of bagel, toast, english muffin or croissant

breakfast burrito*

eggs, cheese, peppers, breakfast meat, with sour cream and salsa

BREAKFAST

omelette*

filled with cheese and breakfast meat of your choice

bacon* (three slices)

sausage links* (three pieces)

sausage patties* (two pieces)

turkey bacon or sausage* (three pieces)

breakfast potatoes

choice of hash browns, home fries, seasoned potatoes or sweet potato patties

french toast

four half-slices with butter and syrup

pancakes

served with butter and syrup

STARTERS

mini crab cakes*

3 mini crab cakes, with citrus remoulade

SOUPS

cream of mushroom

wild mushrooms and light cream

gazpacho

with peppered crème fraiche and scallions

minestrone

the classic italian creation

waffles

belgian waffle with butter and syrup

granola

8-ounces of granola or muesli

oatmeal

precooked with brown sugar, raisins and butter

yogurt

vanilla yogurt with berries and granola

greek yogurt parfait

vanilla greek yogurt with berries and granola

mini kabob selections*

choice of chicken, beef, seafood, or vegetable mini kabob, layered with onion and bell pepper, with tzatziki sauce

new england clam chowder*

with crackers

potato leek

with smoked bacon, herb oil, and sun-dried tomatoes

roasted tomato basil

with sour cream, basil leaves and parmesan crisps

MAIN COURSE SALADS

asian salad with chicken*

romaine and field greens with green onion, almonds, carrots and peppers, cucumbers, baby corn and mandarin oranges

caesar salad*

romaine lettuce, shaved parmesan, lemon, olives and tomatoes -choice to add medium-rare beef filet, chicken, salmon or shrimp

california garden salad*

grilled chicken, romaine and field greens, egg, vegetables, avocado, apple, blue cheese and bacon

caprese salad

tomatoes, buffalo mozzarella, basil, balsamic glaze and extra-virgin olive oil

chef salad

smoked turkey, black forest ham, egg, tomato, cheddar and swiss

chicken salad on greens*

deli chicken salad on romaine and field greens, carrots, tomatoes and cucumber

chopped salad*

romaine lettuce, tomatoes, cucumber, red and green peppers, carrots, olives, eggs and bacon

cobb salad*

grilled chicken, carrots, cucumber, avocado, blue cheese, olives, tomatoes, eggs and bacon

garden salad*

romaine and field greens, carrots, tomatoes, peppers, cucumber and lemon slice -choice to add grilled chicken

greek salad*

romaine lettuce, olives, tomatoes, cucumber, red peppers, red onion, feta and lemon -choice to add grilled chicken

pear and arugula salad

arugula with pear, cranberries, manchego and sugared pecans

santa fe salad with chicken*

grilled chicken, romaine and field greens, roasted corn, black beans, cheddar cheese, tomatoes and tortilla chips

tuna salad on greens*

deli tuna salad on romaine and field greens with carrots, tomatoes and cucumber

DISPLAYS



antipasto

caprese skewers, cured italian meat, assorted cheese, olives, grilled vegetables, with balsamic glaze

bruschetta

toasted crostini bread slices with bruschetta

caprese

buffalo mozzarella, roma tomatoes and basil on field greens, with balsamic glaze and extra-virgin olive oil

carving station*

sliced grilled chicken and tenderloin, horseradish and whole-grain mustard, served with rolls

cheese

assorted selection of domestic and imported cheeses

chicken tenders*

grilled or fried chicken tenders, with assorted sauces

chicken wings*

fried or baked chicken wings, choice of buffalo, teriyaki, lemon pepper or barbeque sauce

chips, salsa and guacamole

tortilla chips, with fresh salsa and guacamole

crudités

seasonal vegetables with hummus or savory dip

deli sandwiches

deli meat and cheese on assorted gourmet bread

deli meat and cheese

make your own deli sandwich style, deconstructed

finger sandwiches

deli meat and cheese on assorted gourmet bread, crustless and cut in quarters

fresh fruit and cheese

seasonal fruit and berries, with assorted selection of domestic and imported cheeses

hummus dip and pita

chickpea hummus, olive hummus, pesto hummus, or sun-dried tomato hummus, with olives and lemon

satay*

beef, chicken or shrimp with sweet chili sauce

seafood with lobster*

lobster, shrimp, crab and scallops with cocktail sauce, remoulade and lemon

shrimp cocktail*

poached shrimp with cocktail sauce, mini tabasco, lemon and lime slices

sliders - cold

deli meat and cheese sliders of your choice, with mayonnaise and mustard

sliders - hot*

fully-cooked hot sliders of your choice, with appropriate garnish

sliced fruit

seasonal fruit and berries, served with greek yogurt

whole fresh fruit*

2 pieces of whole fruit

CLASSIC SANDWICH BOX

sandwich selections

ham, turkey or roast beef, and cheddar, swiss or provolone, on wheat, white, rye or sourdough bread served with fruit, savory salad and dessert

DINNER

beef and mushroom stroganoff*

with butter noodles and green peas

beef lasagna*

with steamed broccoli

braised beef tips*

with wild mushroomsauce over rice pilaf
with sweet
carrots

grilled beef filet*

with red wine sauce, roasted potatoes and
steamed
asparagus

homemade meatloaf*

with mashed potatoes and green beans

barbeque-roasted chicken breast*

with roasted potatoes and grilled asparagus

chicken alfredo*

with sweet green peas

chicken parmesan*

with penne rigate and steamed broccoli

chicken picatta*

with capellini pasta and sautéed spinach

grilled teriyaki chicken*

with stir-fry rice and steamed carrots

lemon pepper chicken breast*

with wild rice and roasted cauliflower

chicken pasta a la vodka*

with roasted bell peppers

pasta bolognese*

with sweet green peas

shrimp diavolo pasta*

with garlic spinach

blackened shrimp*

with mustard remoulade, cajun rice
and broccoli florets

crab cakes*

with mango salsa, black bean cilantro
rice and wilted spinach

grilled salmon*

with lemon butter sauce, rice pilaf and
steamed asparagus

DINNER

pan-seared tuna steak*

with lemon butter sauce, rice pilaf and steamed asparagus

sweet and sour shrimp and vegetable kabobs*

with pineapple rice pilaf and grilled bell peppers

eggplant parmesan (vegetarian)

with capellini pasta and steamed asparagus

grilled portobello steak (vegetarian)

with cheese risotto and roasted carrots

pasta primavera (vegetarian)

on fettuccini with sautéed peppers,

vegetable lasagna (vegetarian)

with steamed broccoli

DESSERT

individual dessert

choice of brownie, cheesecake slice or cookie

mini desserts display

3 mini desserts, with garnish

cookies and brownies display

1 cookie and 1 brownie, with garnish

bar desserts display

2 bar desserts, with garnish

KIDS MENU

served with vegetables sticks and ranch dressing, child-friendly dessert and juice box

kids chicken tenders*

breaded chicken tenders with honey mustard and barbeque sauces

kids macaroni and cheese

macaroni and cheese

kids mini pizza*

individual cheese pizza

kids deli sandwich

choice of deli sandwich

kids pb&j sandwich

pb&j sandwich

kids hot dog*

hot dog on a bun

kids pasta with sauce

choice of pasta and sauce