



## INFLIGHT DINING MENU

## BREAKFAST DISPLAYS

### **bakery display**

choice of muffins, croissants, danish pastries, butter and preserves

### **continental display**

seasonal fruit, pastries and greek yogurt

### **european breakfast display**

selection of sliced cheese and cold cuts with seasonal fruit, berries, greek yogurt, pastries, butter and preserves

### **healthy breakfast display**

muesli cereal with berries, organic yogurt, seasonal fruit and skim milk

### **sliced fruit display**

seasonal fruit, berries and greek yogurt

### **smoked salmon and bagel display\***

with cream cheese, capers, eggs, tomato and onion

## BREAKFAST INDIVIDUAL MEALS

### **american breakfast\***

scrambled eggs, bacon and breakfast potatoes

### **belgian waffle breakfast**

with breakfast meat of your choice, butter and syrup

### **english breakfast\***

eggs, bacon, sausage, hash brown potatoes mushrooms, baked beans and tomato

### **omelette breakfast\***

filled with cheese, breakfast meat of your choice, and served with breakfast potatoes

### **pancake breakfast**

with breakfast meat of your choice, butter and syrup

### **egg and bacon sandwich\***

choice of bagel, toast, english muffin or croissant

### **egg and sausage sandwich\***

choice of bagel, toast, english muffin or croissant

### **egg and cheese sandwich\***

choice of bagel, toast, english muffin or croissant

### **egg, sausage and cheese sandwich\***

choice of bagel, toast, english muffin or croissant

### **egg, bacon and cheese sandwich\***

choice of bagel, toast, english muffin or croissant

### **breakfast burrito\***

eggs, cheese, peppers, breakfast meat, with sour cream and salsa

## BREAKFAST

### omelette\*

filled with cheese and breakfast meat of your choice

### bacon\* (three slices)

### sausage links\* (three pieces)

### sausage patties\* (two pieces)

### turkey bacon or sausage\* (three pieces)

### breakfast potatoes

choice of hash browns, home fries, seasoned potatoes or sweet potato patties

### french toast

four half-slices with butter and syrup

### pancakes

served with butter and syrup

## STARTERS

### mini crab cakes\*

3 mini crab cakes, with citrus remoulade

## SOUPS

### cream of mushroom

wild mushrooms and light cream

### gazpacho

with peppered crème fraîche and scallions

### minestrone

the classic italian creation

### waffles

belgian waffle with butter and syrup

### granola

8-ounces of granola or muesli

### oatmeal

precooked with brown sugar, raisins and butter

### yogurt

vanilla yogurt with berries and granola

### greek yogurt parfait

vanilla greek yogurt with berries and granola

### mini kabob selections\*

choice of chicken, beef, seafood, or vegetable mini kabob, layered with onion and bell pepper, with tzatziki sauce

### new england clam chowder\*

with crackers

### potato leek

with smoked bacon, herb oil, and sun-dried tomatoes

### roasted tomato basil

with sour cream, basil leaves and parmesan crisps

## MAIN COURSE SALADS

### **asian salad with chicken\***

romaine and field greens with green onion, almonds, carrots and peppers, cucumbers, baby corn and mandarin oranges

### **caesar salad\***

romaine lettuce, shaved parmesan, lemon, olives and tomatoes -choice to add medium-rare beef filet, chicken, salmon or shrimp

### **california garden salad\***

grilled chicken, romaine and field greens, egg, vegetables, avocado, apple, blue cheese and bacon

### **caprese salad**

tomatoes, buffalo mozzarella, basil, balsamic glaze and extra-virgin olive oil

### **chef salad**

smoked turkey, black forest ham, egg, tomato, cheddar and swiss

### **chicken salad on greens\***

deli chicken salad on romaine and field greens, carrots, tomatoes and cucumber

### **chopped salad\***

romaine lettuce, tomatoes, cucumber, red and green peppers, carrots, olives, eggs and bacon

### **cobb salad\***

grilled chicken, carrots, cucumber, avocado, blue cheese, olives, tomatoes, eggs and bacon

### **garden salad\***

romaine and field greens, carrots, tomatoes, peppers, cucumber and lemon slice -choice to add grilled chicken

### **greek salad\***

romaine lettuce, olives, tomatoes, cucumber, red peppers, red onion, feta and lemon -choice to add grilled chicken

### **pear and arugula salad**

arugula with pear, cranberries, manchego and sugared pecans

### **santa fe salad with chicken\***

grilled chicken, romaine and field greens, roasted corn, black beans, cheddar cheese, tomatoes and tortilla chips

### **tuna salad on greens\***

deli tuna salad on romaine and field greens with carrots, tomatoes and cucumber



# DISPLAYS



## **antipasto**

caprese skewers, cured italian meat, assorted cheese, olives, grilled vegetables, with balsamic glaze

## **bruschetta**

toasted crostini bread slices with bruschetta

## **caprese**

buffalo mozzarella, roma tomatoes and basil on field greens, with balsamic glaze and extra-virgin olive oil

## **carving station\***

sliced grilled chicken and tenderloin, horseradish and whole-grain mustard, served with rolls

## **cheese**

assorted selection of domestic and imported cheeses

## **chicken tenders\***

grilled or fried chicken tenders, with assorted sauces

## **chicken wings\***

fried or baked chicken wings, choice of buffalo, teriyaki, lemon pepper or barbeque sauce

## **chips, salsa and guacamole**

tortilla chips, with fresh salsa and guacamole

## **crudités**

seasonal vegetables with hummus or savory dip

## **deli sandwiches**

deli meat and cheese on assorted gourmet bread

## **deli meat and cheese**

make your own deli sandwich style, deconstructed

## **finger sandwiches**

deli meat and cheese on assorted gourmet bread, crustless and cut in quarters

## **fresh fruit and cheese**

seasonal fruit and berries, with assorted selection of domestic and imported cheeses

## **hummus dip and pita**

chickpea hummus, olive hummus, pesto hummus, or sun-dried tomato hummus, with olives and lemon

## **satay\***

beef, chicken or shrimp with sweet chili sauce

## **seafood with lobster\***

lobster, shrimp, crab and scallops with cocktail sauce, remoulade and lemon

## **shrimp cocktail\***

poached shrimp with cocktail sauce, mini tabasco, lemon and lime slices

## **sliders - cold**

deli meat and cheese sliders of your choice, with mayonnaise and mustard

## **sliders - hot\***

fully-cooked hot sliders of your choice, with appropriate garnish

## **sliced fruit**

seasonal fruit and berries, served with greek yogurt

## **whole fresh fruit\***

2 pieces of whole fruit

## CLASSIC SANDWICH BOX

### sandwich selections

ham, turkey or roast beef, and cheddar, swiss or provolone, on wheat, white, rye or sourdough bread served with fruit, savory salad and dessert

## DINNER

### beef and mushroom stroganoff\*

with butter noodles and green peas

### beef lasagna\*

with steamed broccoli

### braised beef tips\*

with wild mushroomsauce over rice pilaf  
with sweet  
carrots

### grilled beef filet\*

with red wine sauce, roasted potatoes and  
steamed  
asparagus

### homemade meatloaf\*

with mashed potatoes and green beans

### barbeque-roasted chicken breast\*

with roasted potatoes and grilled asparagus

### chicken alfredo\*

with sweet green peas

### chicken parmesan\*

with penne rigate and steamed broccoli

### chicken picatta\*

with capellini pasta and sautéed spinach

### grilled teriyaki chicken\*

with stir-fry rice and steamed carrots

### lemon pepper chicken breast\*

with wild rice and roasted cauliflower

### chicken pasta a la vodka\*

with roasted bell peppers

### pasta bolognese\*

with sweet green peas

### shrimp diavolo pasta\*

with garlic spinach

### blackened shrimp\*

with mustard remoulade, cajun rice  
and broccoli florets

### crab cakes\*

with mango salsa, black bean cilantro  
rice and wilted spinach

### grilled salmon\*

with lemon butter sauce, rice pilaf and  
steamed asparagus

## DINNER

### **pan-seared tuna steak\***

with lemon butter sauce, rice pilaf and steamed asparagus

### **sweet and sour shrimp and vegetable kabobs\***

with pineapple rice pilaf and grilled bell peppers

### **eggplant parmesan (vegetarian)**

with capellini pasta and steamed asparagus

### **grilled portobello steak (vegetarian)**

with cheese risotto and roasted carrots

### **pasta primavera (vegetarian)**

on fettuccini with sautéed peppers,

### **vegetable lasagna (vegetarian)**

with steamed broccoli

## DESSERT

### **individual dessert**

choice of brownie, cheesecake slice or cookie

### **mini desserts display**

3 mini desserts, with garnish

### **cookies and brownies display**

1 cookie and 1 brownie, with garnish

### **bar desserts display**

2 bar desserts, with garnish

## KIDS MENU

served with vegetables sticks and ranch dressing, child-friendly dessert and juice box

### **kids chicken tenders\***

breaded chicken tenders with honey mustard and barbeque sauces

### **kids deli sandwich**

choice of deli sandwich

### **kids hot dog\***

hot dog on a bun

### **kids macaroni and cheese**

macaroni and cheese

### **kids mini pizza\***

individual cheese pizza

### **kids pb&j sandwich**

pb&j sandwich

### **kids pasta with sauce**

choice of pasta and sauce